



## WHAT TO BRING TO SPIRIT U

1. Please do not bring valuables or large sums of money to camp. Spirit U, the Spirit of Atlanta, nor University of West GA are responsible for lost or stolen items.
2. Comfortable, casual clothing - tennis shoes, shirts, shorts etc. All students will be required to wear tennis shoes to rehearsal sessions.
3. You will wear your Spirit U T-shirt as your performance "uniform" for Saturday night's Preview Show. Please plan to wear khaki shorts for this performance.
4. Towels, wash cloths, twin bed linens, pillow, toiletries (soap, shampoo, toothbrush, deodorant, etc.), phone charger. NOTE: Twin dorm mattresses are X-Long. Normal twin fitted sheets will not fit. Flat sheets or sleeping bags work well.
5. Any prescribed medications that you take on a regular basis. You MUST notify staff upon sign-in of any medications that you are bringing to camp.
6. Folding music stands for all wind, percussion, and drum major attendees.
7. Sunscreen lotion, hat or cap, sunglasses, insect repellent, water jug to take to outside rehearsals, (A half-gallon size round insulated cooler with handle works best. Remember to label with your name!), backpack to store your belongings/valuables during rehearsal.
8. Rain gear in the event of bad weather. You will be outdoors moving from dorm to meals and rehearsals.
9. Your Instrument, flag/rifle, extra reeds, valve oil for brasses, extra drum sticks, etc. (battery percussion bring carriers/stands in addition to your instrument)
10. Money for vending machines, snacks, and Spirit of Atlanta souvenirs at Preview Show. Students might choose to order pizza following evening rehearsal session (at your own expense).
11. Parental Consent/Medical Form - attach to it a photocopy of front & back of insurance card.
12. Ace bandage, knee or ankle brace if you anticipate any physical difficulties.
13. Your best attitude, work ethic, and enthusiasm!
  - Students bring cell phones/chargers at their own risk. Refer to #1 above. Phones will be shut off during rehearsal sessions.
  - The weather will be HOT. We will be outside for most sessions. Acclimate yourself to outdoor work prior to camp week. Begin drinking additional water by Tuesday of camp week.
  - No dress code is enforced. Students should dress comfortably while keeping in mind an atmosphere of professional learning. Your attire cannot interfere with your fellow participant's ability to experience the camp to its fullest.
  - Students will be responsible for their own wakeup each morning. Use your cell phone alarm or bring an alarm clock if you do not have a cell phone.

AN IMPORTANT NOTE - The University of West Georgia is a non-smoking campus. Please refrain from smoking while anywhere on campus grounds. Any activities by camp attendees that might be deemed as illegal/hazardous will be treated appropriately. No warnings and no calls home before action is taken. Please make sure that you act as professional young adults. Students that do not adhere to this policy will be dismissed from Spirit U and will not be reimbursed their tuition.